

“You have cancer.” Those words change a life in an instant. And not just one life... cancer affects the entire family. After the diagnosis comes a kaleidoscope of emotions. At Wings of Hope, you’ll find a warm, inviting environment and people who “get it.” We understand the fear, anger, sorrow, and pain. We know that **hope can blossom** when a cancer patient and family feel comforted, strengthened, and supported. Wings of Hope provides a variety of free cancer support, education, and integrative medicine services to anyone impacted by cancer.



*How We Can Support You Through and After Your Cancer Journey:*

## At the start of your journey...

The Wings’ **Hope Chest Renewal Room** provides survivor bags, wigs, hats, and cancer information/resources. **Counseling** provided by a Master’s prepared, licensed mental health provider can address common issues such as depression, anxiety, changes in body image, and fear of recurrence. Our **cancer lending library** includes books, DVDs, periodicals, or CDs to help you through the challenges of cancer.

## During your treatment...

We have **financial assistance** for symptom management medications, nutritional supplements, and transportation vouchers. We offer **short-term therapeutic counseling services**. **Professionally facilitated cancer support groups** seek to enhance wellness and healing through practical information and genuine support. **Interactive medicine** complements medical treatment and focuses on the mind, body, and spirit to optimize health, quality of life, and clinical outcomes. The integrative medicine components of **Healing Touch therapy** and **guided imagery** are available to cancer patients, survivors, and caregivers.

## When treatment ends...

Our survivorship programming is expanding to better meet the needs of the many cancer patients who are surviving and thriving after cancer treatment. **Counseling, support groups, and integrative medicine** services continue to be available. In addition, Wings of Hope offers **survivorship care planning education workshops** for cancer survivors to create their personalized plans for the future. **A Time to Heal**, a twelve-week holistic rehabilitation program, is designed to help survivors make sense of life after cancer. Under the guidance of an occupational therapist, our **Women’s Cancer Survivor Support and Movement Group (Healthy Moves)** features strengthening, balance, and flexibility exercise combined with light to moderate movement. Every spring, we offer a special day of pampering to cancer survivors at our **spa day**.



For those who support you: your caregivers and the community...

Our **Wings of Comfort caregiver educational program** has recently expanded. We are providing quality continuing education programs for professional and family caregivers to reduce compassion fatigue and increase positive self-care. Our **quarterly newsletter** provides up-to-date cancer information and Wings’ program information. Wings of Hope offers **community cancer-related outreach**, including a speaker’s bureau, website, and cancer awareness education programs.

Wings of Hope is able to provide free services to anyone impacted by cancer thanks to funds raised via annual fundraisers, foundations and grants, community fundraisers, and individual donations.  
**THANK YOU!**

## Wings of Hope Donation Form

NAME (as you wish it to appear in publication)

ADDRESS

CITY STATE ZIP

PHONE EMAIL

- Anonymous  
 In honor or celebration of:

### Giving Levels

- \$50 Friend       \$500 Sustainer  
 \$100 Supporter       \$1,000 Benefactor  
 \$250 Advocate       \$2,500 Sponsor

I/We will give \$ \_\_\_\_\_ to the Wings of Hope Annual Campaign.

### Payment

- Please send invoice  
 Check (enclosed payable to Wings of Hope)  
 Visa       Mastercard

# \_\_\_\_\_  
 Number Exp. Date

Signature

- I have included Wings of Hope in my will.  
 I am interested in learning how to include Wings of Hope in my will.  
 I am interested in becoming a Wings of Hope volunteer.  
 I wish to be included on the Wings of Hope quarterly newsletter mailing list.