












# December 2017 Support Programs



Wings of Hope  
Cancer Support Center  
[www.wingsofhope.org](http://www.wingsofhope.org)  
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b> 6-7:30pm Hope for Tomorrow	<b>5</b>  Healing Touch	<b>6</b>  Healing Touch	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b> Healthy Moves 6:15-7:15 pm	<b>12</b>  Healing Touch	<b>13</b>  Healing Touch	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>  Healing Touch	<b>20</b>  Healing Touch	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>  / <b>31</b>	<b>25</b> 	<b>26</b>	<b>27</b> <b>Call ahead for Holiday hours</b>	<b>28</b>	<b>29</b>	<b>30</b>

Looking forward to our  
Winter Event on February 10, 2018  
"Winter at the Beach"  
Mark Your Calendar



### "Healthy Moves"

Women's Cancer Movement  
and Support Group  
Monday, December 11, 2017  
CB Senior Center 6:15 - 7:15 pm  
Instructor: Linda Robicheau



### "Healing Touch"

Tuesdays & Wednesdays

Free of Charge

Schedule your 1 hour session today

Notice  
Date !!

### "Hope for Tomorrow"

Support group for people  
diagnosed with any type of  
cancer & their support people.  
6:00-7:30 pm Monday, December 4

General Discussion

Facilitator: Carolyn Ettinger

## Wings of Hope Cancer Support Center

427 E. Kanesville Blvd., Suite 202, Council Bluffs

We have an outside entrance on the front of the Executive Building

Call if you need directions. 712-325-8970

Please call ahead during the Holiday Season, as  
our scheduling has changed during this time.  
Thank you and have a blessed Holiday.