

# June 2017 Support Programs




Wings of Hope Cancer Support Center  
Visit us on our website:  
[www.wingsofhope.org](http://www.wingsofhope.org)  
Also LIKE us on Facebook.



Healing Touch sessions are free of charge-  
Call today to schedule your 1 hour session. 712-325-8970










**"Hope for Tomorrow"**  
A support group for people diagnosed with  
any type of cancer.  
Newly diagnosed and long term survivors  
are welcome.  
Monday June 19, 2017  
6:00-7:30 PM  
Topic: "Blessings & Bummers"  
Open Discussion

**"Healthy Moves"**  
Women's Movement Class  
Tai Chi  
Mondays June 12 & 26  
6:30-7:30 PM  
Instructor: Linda Robicheau  
Council Bluffs Senior Center



The American Cancer Society will host  
Relay for Life  
June 3, 2017  
4-10 PM  
Treynor, Iowa  
Cardinal Athletic Complex  
5:30 Survivor Dinner  
7:00 Walk for Survivors

**Caregiver Training Workshop**  
**Wings of Comfort Mindfulness Workshop**  
Saturday, June 10- 8:30 am-4:00 pm  
Presenters: Patrick Davis &  
Carolyn Ettinger  
Location: Knowles Mercy  
Spirituality Center

Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1	2	3 Relay For Life
4	5	6  Healing Touch	7  Healing Touch	8	9	10 <i>Wings of Comfort Workshop</i>
11	12 6:30-7:30pm <i>Healthy Moves</i>	13  Healing Touch	14  Healing Touch	15	16	17
18 Happy Father's Day 	19 6-7:30pm <i>Hope for Tomorrow</i>	20  Healing Touch	21  Healing Touch	22	23	24
25	26 6:30-7:30pm <i>Healthy Moves</i>	27  Healing Touch	28  Healing Touch	29	30	

Wings of Hope Cancer Support Center  
427 E. Kanessville Blvd., Suite 202, C.B.  
We have an outside entrance on the front of the  
Executive Building.  
Call Carolyn Ettinger @ 325-8970 if you have questions or  
need directions.